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# Psychology Applied To Modern Life: Adjustment In The 21st Century



## Synopsis

Filled with comprehensive, balanced coverage of classic and contemporary research, relevant examples, and engaging applications, this book shows you how psychology helps you understand yourself and the world-and uses psychological principles to illuminate the variety of opportunities you have in your life and your future career. While professors cite this bestselling book for its academic credibility and the authors' ability to stay current with 'hot topics,' students say it's one text they just don't want to stop reading. The book and associated workbook are highly readable, engaging, and visually appealing, providing you with a wealth of material you can put to use every day.

## Book Information

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## Customer Reviews

Wayne Weiten is a graduate of Bradley University and received his Ph.D. in social psychology from the University of Illinois, Chicago in 1981. He has taught at the College of DuPage and Santa Clara University, and currently teaches at the University of Nevada, Las Vegas. He has received distinguished teaching awards from Division Two of the American Psychological Association (APA) and from the College of DuPage. He is a Fellow of Divisions 1, 2, and 8 of the American Psychological Association and a Fellow of the Midwestern Psychological Association. In 1991, he helped chair the APA National Conference on Enhancing the Quality of Undergraduate Education in Psychology. He is a former President of the Society for the Teaching of Psychology and the Rocky

Mountain Psychological Association. In 2006, one of the five national teaching awards given annually by the Society for the Teaching of Psychology was named in his honor. Weiten has conducted research on a wide range of topics, including educational measurement, jury decision-making, attribution theory, pressure as a form of stress, and the technology of textbooks. He is also the author of *PSYCHOLOGY: THEMES & VARIATIONS* (Cengage, 2017, 10th Edition). Weiten created an educational CD-ROM titled *PSYKTREK: A MULTIMEDIA INTRODUCTION TO PSYCHOLOGY* and co-authored a chapter on the Introductory Psychology course for *THE OXFORD HANDBOOK OF UNDERGRADUATE PSYCHOLOGY EDUCATION* (Weiten & Houska, 2015).

Dana S. Dunn earned his B.A. in psychology from Carnegie Mellon University and his Ph.D. in social psychology from the University of Virginia. He is Professor of Psychology and former chair of the Psychology Department at Moravian College in Bethlehem, Pennsylvania. Dr. Dunn is author or editor of over 30 books and over 150 journal articles, chapters, and book reviews. His scholarship examines teaching, learning, and liberal education, as well as the social psychology of disability. His Psychology Today blog on teaching is called "Head of the Class." He is a fellow of the American Psychological Association (APA) and the Association for Psychological Science (APS), and served as president of the Society for the Teaching of Psychology (APA Division 2) in 2010. In 2013, Dr. Dunn received the APF Charles L. Brewer Award for Distinguished Teaching of Psychology. He is currently editor-in-chief of the *Oxford Bibliographies (OB): Psychology*.

Elizabeth Yost Hammer earned her B.S. in psychology from Troy State University and received her Ph.D. in experimental social psychology from Tulane University. She is currently the Kellogg Professor in Teaching in the Psychology Department and Director of the Center for the Advancement of Teaching and Faculty Development (CAT+) at Xavier University of Louisiana in New Orleans. Her work in CAT+ includes organizing pedagogical workshops and faculty development initiatives. She is a Fellow of Division 2 of the American Psychological Association and is a past President of Psi Chi, the International Honor Society in Psychology. She has served as the treasurer for the Society for the Teaching of Psychology. She is passionate about teaching and has published on collaborative learning, service learning, the application of social psychological theories to the classroom, and mentoring students.

I didn't know what to expect when I signed up for this (online) course through my local vocational/technical college, let alone what the textbook would be like - and was pleasantly surprised by both. I found this text to be extremely readable; I'm an (older) adult student, and this is the FIRST text I kept! Several times I called my 16 yr old daughter out to read a passage because; a) it was interesting, b) it was informative, c) it was both. The book spurred very interesting and

thought-provoking discussions with my classmates in our online forums - none of us ever met face-to-face, which might have been what helped precipitate such honest (and sometimes heart-wrenching) disclosures. I highly recommend this book (or subsequent editions, of course) to any instructor looking for a well-balanced, thought- and discussion-provoking text that is sure to be well-received among a broad range of students. I also highly recommend it for people who are looking for a well-rounded resource for their psychology library - because as I said, this one's a keeper.

Great product.

Course required reading. Good condition.

Helped me alot with college courses

I am six chapters into the book and let me tell you that it has been an eye opener. The book is packed with concepts as well as with applied research that lets the reader understand all these concepts. It seems to me that it isn't your normal money stealing textbook; the author really put thought and heart into the content. I also have to say that the additional web links, and books that are recommended within this book are very helpful. You will never have to buy useless self help books ever again!

Very good book. It reviews a variety of disorders and illnesses all within the framework of adjustment rather than adaptation which I appreciate.

Best deal ever

While I am new to the field of Psychology, this book touches on most research topics that I am learning in my other ASU courses. I really like the way the book is organized. My book was used and the previous owner highlighted exactly what was needed from my professors power points. Even so, it is a great book to refer back to when writing research papers for upper level undergrads and perhaps I can use it for graduate work too.

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